



IEO  
European Institute of Oncology

# A multidisciplinary and multifunctional centre solely for women



women

cancercenter

IEO Istituto Europeo di Oncologia

**IEO Women's Cancer Center (WCC)** is the first center in Italy dedicated specifically to female tumors. It is therefore "a place for women", dedicated to women's health as a whole, both in terms of prevention and treatment.

The objective is to promote and encourage the prevention of female tumors and to support women with breast or gynecological cancer, during and after treatment.

IEO Women's Cancer Centre takes care of the well-being of the woman in every manner so that she can continue her life: emotional, sexual and working as near normal as possible. Individuals are offered personalized prevention plans and given valuable support during the recovery process.

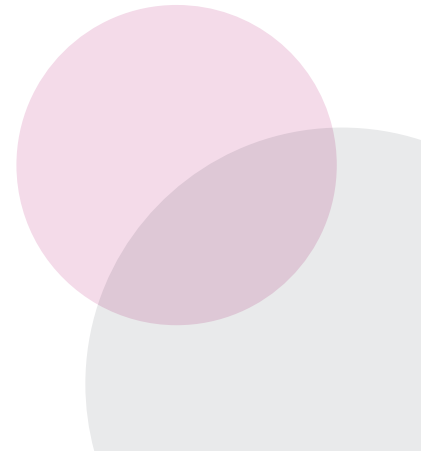
The care pathways outlined in the WCC are the result of a synergistic collaboration between the Breast and Gynecology programs. Innovation, multidisciplinary and personalization are reflected in the strategies and services of prevention, early diagnosis and care offered at the Women's Cancer Center.

### **Services offered by the Women's cancer Center**

Women who come to the WCC will be able to benefit from several clinics dedicated to important aspects of their daily lives run by IEO specialists (surgeons, medical oncologists, pathologists, imaging specialists, radiotherapists, geneticists, nutritionists, supportive therapists, psychologists, sexologists, endocrinologists).

The WCC provides clinics to address some important issues such as:

- Wellbeing
- Nutrition
- Fertility
- Psycho-oncology
- Sexual health
- Genetic counseling
- Acupuncture



### **Wellness clinic**

The clinic is designed for patients going through menopause, be it spontaneous, surgical or due to oncological therapies who are experiencing problems of personal well-being.

Early onset menopause can deeply undermine an individual's quality of life and exposes women to an increased risk of diseases, such as osteoporosis or cardiovascular disease.

### **Nutrition clinic**

The Nutrition clinic is a service open to both healthy women and those undergoing treatment (surgical, chemo-therapeutic or hormonal). Cancer and its related treatments put a stress on the body that can change its nutritional needs.

A specialized dietician will assess the individual's caloric intake, dietary habits and possible eating problems resulting from cancer treatment. Appropriate nutritional modifications will be suggested such as prevention diets, healthy lifestyle adjustments. When necessary nutritional therapies will be defined to address side effects from oncological or surgical treatments.

### **Onco-Fertility clinic**

The Onco-fertility clinic is a service for those who wish to confront potential fertility, pregnancy and contraception problems before, during and after an oncological diagnosis.

A gynecologist with expertise in fertility and reproduction will deal with topics related to cancer infertility, fertility preservation before chemo or radiotherapy, and cutting-edge oncological treatments during pregnancy.

### **Psyconology clinic**

The Psyconology clinic offers confidential counseling for patients and family members in order to regain wellbeing in their personal life.

The aim is help you to identify problems, express your feelings and explore different ways of coping with the illness and treatment. Also help with decision making during the course of treatment and support in the management of sexual problems associated with a non-physical difficulty can be discussed.

### **Integrated Sexual health clinic**

The clinic is aimed at all patients and / or their family members who wish to address intimacy and sexual problems that have arisen post-diagnosis.

Before, during and after an oncological treatment, patients are offered an integrated service to plan a personalized itinerary aimed at resolving their particular needs.

### **Oncogenetic Counseling clinic**

An oncogenetic consultation estimates the hereditary component of a specific cancer and the risk of cancer in the patient's family.

To this end it is necessary to reconstruct the patient's personal and familial clinical history up to the second degree of kinship.

Every woman will have access to a preventive program suitable for age and risk profile, developed by a dedicated multidisciplinary team of IEO specialists.

### **Acupuncture clinic**

Acupuncture is used to treat pain and some other symptoms of cancer and the side effects of treatment.

This service is available to patients undergoing or have completed oncological, surgical, chemo-radio therapeutic or hormonal treatments.

Qualified doctors will perform acupuncture alongside oncological treatments, to alleviate side effects such as fatigue, nausea and anxiety.





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