

Urine Culture Test

Use only the appropriate sterile wide-mouth containers and proceed as follows:

- Collect the urine from the first morning urination or 3-6 hours after the last urination.
- Wash your hands and thoroughly clean the external genital area with water and soap, rinsing well.
- Open the container, avoiding touching the inside or the lid with your hands.
- Begin urinating, discarding the first part of the stream.
- Collect the subsequent urine directly into the container, filling it about halfway.
- Close the container immediately.
- Deliver the sample to the Blood Sampling Clinic as soon as possible or store the container at +2°C to +8°C for a maximum of 4 hours.

*I, the undersigned (surname and name) _____, declare
that I have followed the instructions provided in this information sheet.*

Date ____/____/____

Signature _____