

Fecal Occult Blood Test (3 samples)

Collection of the sample must be done using the **specific container with preservative**.

The container can be obtained at the IEO2 Blood Sampling Clinic (provided by the laboratory).

Do not collect the sample during or within 3 days of menstruation and/or if experiencing bleeding hemorrhoids.

Avoid contaminating the stool with urine.

Excessive alcohol, aspirin, and other medications can cause gastrointestinal irritation leading to occult bleeding. These substances should be discontinued at least 48 hours before the test.

No dietary restrictions are necessary before the test.

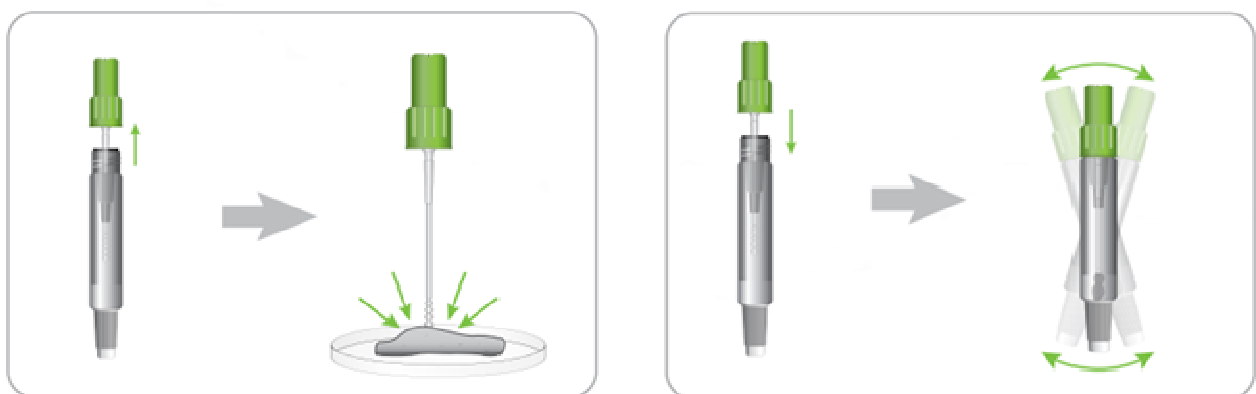
Collection Procedure:

Collect a small amount of stool on 3 different days and place it into 3 separate containers as follows:

- Remove the green cap from the container by unscrewing it and pulling it upwards.
- Use the sampling stick to collect stool from 5-6 different areas of the stool's surface. Obtain enough to cover the spiral of the stick.
- Insert the sampling stick into the container (do not repeat this step more than once), screw the green cap back on, and shake the container vigorously several times.

Note: *If the stool is hard, moisten it with water before collecting the sample with the sampling stick.*

The collected samples should be kept at +2°C to +8°C and delivered preferably within 24 hours of collection and in any case no later than 3 days.



I, the undersigned (surname and name) _____, declare that I have followed the instructions provided in this information sheet.

Date ____/____/____

Signature _____