

Aldosterone

It is recommended not to change the usual sodium intake in the diet.

Suspend the intake of substances derived from licorice root for at least 4 weeks.

Do not consume coffee or tea in the hours before blood sampling.

Do not suspend ongoing antihypertensive therapy unless otherwise indication from the attending physician.

I, the undersigned (surname and name) _____, declare that I have followed the instructions provided in this information sheet.

Date ____ / ____ / ____

Signature _____

INFORMATION NOTE

Blood draw procedure in the orthostatic position

The patient must remain upright for the 60 minutes preceding the blood sampling. The blood sample must be performed while the patient is seated.

Blood draw procedure in the supine position

The patient must remain lying down for the 120 minutes (2 hours) preceding the sampling.