

## ***Preparation for Blood Test***

In most cases, tests do not require any special preparation, except fasting before blood sampling. To perform the blood draw under ideal conditions:

- Perform the blood draw in the morning, if possible;
- Fast for at least 8 hours;
- Only water intake is allowed;
- Avoid any intense physical exercise in the days immediately preceding the blood draw;
- Unless otherwise indication from the attending physician, avoid taking drugs the morning of the draw;
- Perform the draw before any other diagnostic or therapeutic procedures that may interfere with test results;
- When performing therapeutic drug monitoring, identify the correct time of blood draw and complete form LAB.MO.0612.

*I, the undersigned (surname and name) \_\_\_\_\_, declare that I have followed the instructions provided in this information sheet.*

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Signature \_\_\_\_\_