General Clinical Laboratory with Specialized Areas Clinical Pathology - Microbiology and Virology

Renin

It is recommended not to change the usual sodium intake in the diet. Suspend the intake of substances derived from licorice root for at least 4 weeks.	
Do not consume coffee or tea in the hours before blood sampling.	
Do not suspend ongoing antihypertensive therapy unless otherwise indication from the physician.	attending
I, the undersigned (surname and name), that I have followed the instructions provided in this information sheet. Date//	

INFORMATION NOTE

Blood draw procedure in the orthostatic position

The patient must remain upright for the 60 minutes preceding the blood sampling. The blood sample must be performed while the patient is seated.

Blood draw procedure in the supine position

The patient must remain lying down for the 120 minutes (2 hours) preceding the draw.

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