

## ***Urine Collection for Mycobacterium tuberculosis research***

Collect urine for 3 consecutive mornings in 3 separate sterile containers, starting on a day between Saturday and Wednesday, as the collection must be completed by Friday.

Use only the appropriate sterile wide-mouth containers and proceed as follows:

- Collect the urine from the first morning urination or 3-6 hours after the last urination.
- Wash your hands and thoroughly clean the external genital area with water and soap, rinsing well.
- Open the container, avoiding touching the inside or the lid with your hands.
- Begin urinating, discarding the first part of the stream.
- Collect the subsequent urine directly into the container, filling it about halfway.
- Close the container immediately.
- Store the containers at +2°C to +8°C and deliver all three containers to the Blood Sampling Clinic within 60 hours from the start of the collection.

*I, the undersigned (surname and name) \_\_\_\_\_, declare that I have followed the instructions provided in this information sheet.*

*Date* \_\_\_\_/\_\_\_\_/\_\_\_\_

*Signature* \_\_\_\_\_