

## ***Complete Urinalysis***

Urine should be collected in the morning on the day of the test. Collect the first urine of the morning, or alternatively, urine after at least 2 hours after the first.

Avoid collecting urine during the menstrual period.

For the collection:

- Wash the genital area thoroughly with water and soap.
- Collect the first part of the urine flow in the appropriate container.
- Deliver the sample to the Blood Sampling Clinic as soon as possible or store it at +2°C to +8°C for a maximum of 4 hours.

*I, the undersigned (surname and name) \_\_\_\_\_, declare  
that I have followed the instructions provided in this information sheet.*

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_